# 9-MONTH CULTURAL DESIGN FELLOWSHIP

The fellowship is the deepest dive Springhouse offers, designed for adults ready to uproot their life and immerse in the Springhouse model of creating regenerative culture. The fellowship consists of deep self-work, study of ecological and social design principles, and on-the-ground application of these principles in either the Vitality-Centered Education Track or the Regenerative Farm Design Track.

#### The Springhouse fellowship is an immersive program for adults who are:

- Interested in creating regenerative culture through authentic, place-based work
- Ready to commit to the journey of wholeness and personal development within the container of beloved community

## FELLOWSHIP Components

- 15 hours/week in ONE of the two tracks
- One-on-one mentoring with a Sprnighouse staff member
- Peer mentoring
- <u>Vitality-Centered Design Lab</u>
- Springhouse Permaculture Course
- Weekly fellowship meetings
- One or more of Springhouse's soulcentered practices for adults
  - These series and retreats offer an opportunity for adults to engage in practices that build their relationship with Soul and Mystery over time.
  - Examples: Sacred Dance,
    Mindfulness, Yoga, Dreamwork, and
    Embodied Writing
- Weekly Well meetings (if ready for shadow work)
  - Engage in shadow work where we get honest with ourselves in a group and to build the courage and skills needed to authentically offer our gifts to the world.

#### VITALITY-CENTERED EDUCATION TRACK

- Immerse in Springhouse's 7-12th grade program, a living example of vitality-centered education. Fellows will begin with participating in programming, and will eventually design and lead programming with the support of a Springhouse mentor.
- Capstone project: Design and implement a project that applies one or more of the 5 vitality-centered principles for the 7-12th grade program.

#### OR

#### REGENERATIVE FARM DESIGN TRACK

- The Springhouse campus was once a Chinese medicinal herb growing production, but the gardens have been dormant for years. Our goal is to revive the farm in the coming year as part of a community design process to ensure that our land can regenerate and meet our local community's needs. Fellows will participate in this process as well as take the first steps towards creating an operational farm.
- Capstone project: Design and implement a project that helps the land at Springhouse regenerate while meeting a community need.

Participants in the 2021-2022 founding fellowship will play a vital role in the creation of this program.

## **PROGRAM LOGISTICS**

#### PROGRAM DATES

#### September 2021-May 2022

The fellowship will follow the same calendar as Springhouse's 7-12th grade program. For more information about breaks & other Springhouse courses, view our calendar <u>here</u>.

### INVESTMENT

Education is not a commodity. It is a relationship. Therefore, we do not have set program fees.

We estimate the fellowship costs \$5,500 per fellow. Upon acceptance, fellows will be invited to explore our investment packet to better determine what they can invest into the program with the guidance of Springhouse's Development Director.

## APPLICATION PROCESS

To apply, send a letter of intent to <u>sarah@springhouse.org</u> describing your interest in the program. Please include your resume, two references, and any other supplemental application materials. Once your application is received, we will reach out to schedule an interview.

Applications are accepted on a rolling basis and the final deadline for the 2021-2022 fellowship is **August 15th**.

#### LODGING & EMPLOYMENT

Springhouse does not provide lodging or employment, though Springhouse staff will direct fellows toward resources to secure affordable housing and employment if necessary.

Everything can begin with you. You are the foundation of any change that will happen in your society.

Thich Nhat Hanh

# SITUATING IN PLACE

# The fellowship is a program of Springhouse located in Floyd, Virginia

The fellowship is the deepest dive that Springhouse offers for adults, designed to invite an experience of what it is, as Martin Shaw and others write, to be *of* a place rather than *from* a place. It is our hope that fellows end this experience with a felt sense of what it is to occupy one's role in a system or community. Whether fellows decide to stay in Floyd County after the fellowship or root down in another place, we know that living in reciprocal relationship with place (both human and ecological), attending to the development of one's authentic identity, and investing beyond our own lifetimes is the paradigm shift the world needs.



**United States** 

Virginia



Floyd County

## Floyd County

Floyd County is situated on a high plateau in the Blue Ridge Mountains. Due to the relatively high elevations, Floyd is at the top of its watershed, with no water flowing into the county. Water is carried out of the county by the Little River, eventually ending up in the Gulf of Mexico. The county spans 380 square miles of deciduous forest (much of which has been clearcut in the last 40 years), conventional and organic farmland, and a one-stoplight town. Floyd is home to 15,000 humans and an estimated 900,000 white-tailed deer, along with other creatures. It is politically divided and has a rich culture that centers around traditional Appalachian music. Artists, entrepreneurs, and homesteaders are drawn to the county due to its affordable land, vibrant community, and beautiful landscapes.

## Springhouse

The 9-month fellowship is an emerging program of the existing Springhouse Community School located in Floyd County. Beginning with a 7-12 grade dayschool over 7 years ago, Springhouse is actively reimagining the purpose and practice of education with the belief that learning is a lifelong journey that should be centered around vitality, meaning, and cultivating wholeness to better serve the world's emerging needs. Springhouse is networked nationally and internationally, sharing our educational design as well as continually learning from other pioneers in the field of education and culture change.

"Action on behalf of life transforms. Because the relationship between self and the world is reciprocal, it is not a question of first getting enlightened or saved and then acting. As we work to heal the earth, the earth heals us."